



## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato	Mushroom	Spiced Butternut Squash & Coconut	Leek, Potato & Spring Onion	Vegetable
Meaty Mains	Meatballs & Spaghetti	Beef Stroganoff & Rice	Piri Piri Chicken	Beef Lasagne & Garlic Bread	Hot Dog & Onion
Mains	Cheesy Broccoli & Cauliflower Gratin - <span style="color: green;">✓</span>	Baked Cod with Dill & Caper Sauce - <span style="color: red;">✗</span>	Four Cheese & Leek Gnocchi - <span style="color: green;">✓</span>	Quorn & Chick Pea Curry - <span style="color: green;">✓</span>	Breaded Cod & Tartar Sauce - <span style="color: red;">✗</span>
Veggie Mains	Vegetable Madras - <span style="color: green;">✓</span>	Cheese & Tomato Pizza - <span style="color: green;">✓</span>	Vegetable Enchiladas - <span style="color: green;">✓</span>	Sunblushed Tomato & Pesto Tart - <span style="color: green;">✓</span>	Homemade Veggie Burger - <span style="color: green;">✓</span>
Salads	Range of fresh salads served daily				
Jackets & Pastas	Served daily with meat-based sauce - tomato sauce - tuna - beans - cheese				
Sides	Kashmiri Rice Chilli Courgettes Peas	Potato wedges Carrots Sliced Green Beans	Herby Rice Corn on the Cob Mixed Veg	Tuscan New Pots Medley of Veg Sweetheart Cabbage & Grated Carrot	Chips Peas Baked Beans
Hot Sweets	Apple & Strawberry Crumble	Chocolate Sponge with Chocolate Sauce	Bakewell Tart	Marble Cake	Chocolate Crunch & Chocolate Custard



## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Roasted Pepper	Carrot & Orange	Spring Vegetable Broth	Cream of Cauliflower	Vegetable
Meaty Mains	Chicken Tikka Masala	Harissa Lamb & Chickpea Tagine	Sausage & Gravy	Chicken & Leek Pie	Zinger Burger
Mains	Vegetable Bolognese Bake - V	Cod Fishcake with Lemon & Herb Sauce - F	Vegetable Paella - V	Mixed Bean Chilli Tacos - V	Battered Cod with Tartar Sauce - F
Veggie Mains	Vegetable Samosa & Curry Sauce - V	Cheese & Tomato Pizza - V	Spinach, Feta & Black Olive Parcel with Tomato Sauce - V	Vegetable Chow Mein - V	Spicy Bean & Halloumi Burger - V
Salads	Range of fresh salads served daily				
Jackets & Pastas	Served daily with meat-based sauce - tomato sauce - tuna - beans - cheese				
Sides	Garlic & Cardamon Rice Sweetcorn Cumin Spiced Carrots	Potato Wedges Spiced Ratatouille Minted Peas	Mashed Potato Sweetheart Cabbage Sliced Green Beans	Herby Crushed Potatoes Cauliflower Cheese Mixed Vegetables	Chips Peas Baked Beans
Hot Sweets	Pear & Apple Crumble	Double Chocolate Sponge	Apple & Cherry Pie	Raspberry Sponge	Chocolate Crunch



## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Cream of Tomato	White Onion	Minted Pea & Watercress	Vegetable Tom Yum	Mixed Vegetable
Meaty Mains	Mexican Beef Chilli & Tortillas	Sweet Chilli Chicken Pizza	Roasted Chicken & Stuffing	Pork Sausage Pinwheel	Zinger Burger
Mains	Cheese & Onion Pasty - V	Tandoori Cod & Poppadoms - F	Melanzane Parmigiana (Vegetarian Lasagne) - V	Red Pepper & Three Cheese Frittata - V	Fish Fingers - F
Veggie Mains	Herby Tomato Pasta - V	Cheese Omelette - V	Veggie Sausage Roll - V	Red Thai Quorn Curry - V	Tomato, Basil & Mozzarella Pizza Bread - V
Salads	Range of fresh salads served daily				
Jackets & Pastas	Served daily with meat-based sauce - tomato sauce - tuna - beans - cheese				
Sides	Rice Carrots Sweetcorn & Peppers	Curly Fries Mediterranean Veg Peas	Roast Potatoes Carrots & Courgettes Green Beans in Tomato Sauce	Aloo Gobi Baked Tomato Cheesy Leeks	Chips Peas Baked Beans
Hot Sweets	Apple & Blackberry Crumble	Cherry Chocolate Cake	Caramel Brownie	Sticky Lemon Sponge	Chocolate Crunch