



## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato - <b>V</b>	Mushroom & Thyme - <b>V</b>	Sweet Potato, Chilli & Coconut - <b>V</b>	Winter Vegetable Broth - <b>V</b>	Spring Vegetable - <b>V</b>
Meaty mains	Chinese Chicken Curry	BBQ Chicken Pizza	Chicken & Vegetable Pie	Pork Sausage, Gravy	Chicken Zinger Burger on a Bun
Veggie mains	Vegetable Goulash - <b>V</b>	Three Cheese Pizza - <b>V</b>	Butternut Squash, Sage & Feta Risotto - <b>V</b>	Tomato Pasta Bake - <b>V</b>	Tomato Relish & Cheddar Cheese Soya Burger - <b>V</b>
Mains	Penne Arrabbiata - <b>V</b>	Grilled Cod with Pesto & Red Pepper Sauce - <b>F</b>	Garlic Mushroom Gratin - <b>V</b>	Spanish Tortilla with Salsa - <b>V</b>	Battered Cod & Tartar Sauce - <b>F</b>
Jackets	Served daily with a selection of fillings, Tuna - Beans - Cheese				
Pastas	Served daily with Beef Bolognese or Tomato Sauce				
Sides	Savoury Rice Mixed Vegetables Broccoli	Potato Wedges Spiced Ratatouille Peas	Herby Crushed Potatoes Buttered Carrots Corn on the Cob	Mash Potato Roasted Root Vegetables Mixed Greens	Chips Peas Baked Beans
Hot sweets	Apple & Blackberry Crumble	Sticky Toffee Pudding with Caramel Sauce	Cherry Bakewell Tart	Mint Chocolate Chip Sponge	Chocolate Crunch



	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Cream of Tomato - <b>V</b>	Carrot & Coriander - <b>V</b>	Thai Noodle Broth - <b>V</b>	Cauliflower - <b>V</b>	Spring Vegetable - <b>V</b>
Meaty mains	Chicken Rendang	Chicken Tikka Pizza	Roast Chicken with Sage & Onion Stuffing	Beef & Vegetable Stew	Chicken Zinger Burger on a Bun
Veggie mains	Cheese & Onion Pasty - <b>V</b>	Rocket & Pesto Pizza - <b>V</b>	Quorn Chilli Filled Potato Skins - <b>V</b>	Lentil, Spinach & Pepper Lasagne - <b>V</b>	Baked Brie & Red Onion Jam - <b>V</b>
Mains	Mushroom & Potato Stroganoff - <b>V</b>	Fish Pie - <b>F</b>	Broccoli & Blue Cheese Tart - <b>V</b>	Lime, Chilli & Coriander Vegetables with Noodles - <b>V</b>	Crispy Fish Fingers - <b>F</b>
Jackets	Served daily with a selection of fillings, Tuna - Beans - Cheese				
Pastas	Served daily with Beef Bolognese or Tomato Sauce				
Sides	Herby Rice Mixed Vegetables Carrots	Potato Wedges Chilli Garlic Broccoli Peas	Tuscan Potatoes Sautéed Cabbage Ratatouille	Cumin Roasted Sweet Potato Broccoli Sliced Green Beans	Chips Peas Baked Beans
Hot sweets	Apple & Mixed Berry Chocolate Crumble	Toffee Apple Sponge	Cookie Pie	Chocolate & Marmalade Cake	Chocolate Crunch



	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Roasted Pepper - <b>V</b>	Chickpea & Harissa - <b>V</b>	Red Lentil, Chickpea & Chilli - <b>V</b>	Honey Roasted Root Vegetable - <b>V</b>	Spring Vegetable - <b>V</b>
Meaty mains	BBQ Chicken with Cheese & Spring Onion	Meat Feast Pizza	Tandoori Chicken Leg	Beef Cottage Pie	Chicken Zinger Burger on a Bun
Veggie mains	Vegetable Spring Roll - <b>V</b>	Cheese & Tomato Pizza - <b>V</b>	Ratatouille & Mozzarella Parcel - <b>V</b>	Mexican Vegetable Burrito - <b>V</b>	Quorn Dog & Sweet Chilli Dip - <b>V</b>
Mains	Cauliflower, Leek & Cheddar Cheese Pasta - <b>V</b>	Salted Cod Fishcakes - <b>F</b>	Spaghetti Carbonara - <b>V</b>	Sweet Potato & Mixed Bean Tagine - <b>V</b>	Breaded Cod with Tartar Sauce - <b>F</b>
Jackets	Served daily with a selection of fillings, Tuna - Beans - Cheese				
Pastas	Served daily with Beef Bolognese or Tomato Sauce				
Sides	Kashmiri Rice Carrots Peas	Potato Wedges Sweetcorn & Peas Seasonal Green Beans	Patatas Bravas Cheesy Leeks Vegetable Medley	Mexican Rice Cauliflower Cheese Mixed Vegetable	Chips Peas Baked Beans
Hot sweets	Peach & Apple Oat Crumble	Chocolate Caramel Sponge	Bread & Butter Pudding	Saint Clements Cake	Chocolate Crunch