



Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Red Onion - V	Curried Sweet Potato - V	Courgette, Pea & Basil - V	Mexican Bean - V	Summer Vegetable - V
Meaty mains	Piri Piri Chicken, Red Pesto Cream	Pepperoni Pizza	Tikka Spiced Chicken	Beef Lasagne	Chicken Zinger Burger on a Bun
Veggie mains	Macaroni Cheese - V	Cheese & Tomato Pizza - V	Pea, Mint & Saffron Risotto - V	Summer Vegetable Roulade - V	Cheesy Garlic Ciabatta - V
Mains	Vegetable Samosa with Curry Sauce - V	Spring Onion & Spinach Fishcake, Dill & Mustard Cream - F	Romesco Quorn - V	Quorn & Potato Massaman - V	Breaded Cod Fillet - F
Jackets	Served daily with a selection of fillings, Tuna – Cheese - Beans				
Pastas	Served daily with Beef Bolognese or Tomato Sauce				
Sides	Mexican Rice Garlic & Ginger Broccoli Corn on the Cob, Cajun Butter	Potato Wedges Medley of Vegetables Braised Cabbage	Parsley Potatoes Cauliflower Sweet Chilli Green Beans	Pilau Rice Roasted Carrots & Parsnips Sweetcorn	Chips Peas Baked Beans
Hot sweets	Summer Berry & Apple Crumble	Caramel Cake	Chocolate Brownie	Red Velvet Cake	Chocolate Crunch



	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Roasted Pepper - V	Green Thai Vegetable & Coconut – V	Garlic & Cauliflower - V	Mushroom & Thyme - V	Summer Vegetable - V
Meaty mains	Lamb Bhuna	BBQ Chicken Pizza	Katsu Chicken	Pork Pinwheel / Halal Chicken Pinwheel	Chicken Zinger Burger on a Bun
Veggie mains	Herby Tomato Pasta - V	Roasted Garlic & Mushroom Pizza - V	Quorn Paella - V	Hoi Sin Vegetable Noodles - V	Tomato & Red Onion Flatbread - V
Mains	Asparagus, Basil & Mozzarella Tart - V	Baked Cod, Red Thai Cream - F	Sweet Potato & Spinach Parcel - V	Cajun Quorn Potato Skins - V	Battered Cod Fillet - F
Jackets	Served daily with a selection of fillings, Tuna – Cheese - Beans				
Pastas	Served daily with Beef Bolognese or Tomato Sauce				
Sides	Kashmiri Rice Baked Tomatoes with Thyme Peas & Sweetcorn	Potato Wedges Mixed Vegetables Broccoli	Summer Potatoes Spring Cabbage & Cracked Black Pepper Whole Green Beans & Peppers	Paprika Potatoes Cheesy Leeks Carrots	Chips Peas Baked Beans
Hot sweets	Apple & Mango Crumble	Triple Chocolate Cake	Lemon Bakewell	Spiced Ginger Cake	Chocolate Crunch



	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Cream of Tomato - V	Carrot & Ginger – V	Mediterranean Chickpea - V	Leek, Pea & Spinach - V	Summer Vegetable - V
Meaty mains	Spaghetti & Meatballs	Sweet Chilli Chicken Pizza	Chinese Beef & Mushroom Curry	Sticky BBQ Chicken	Chicken Zinger Burger on a Bun
Veggie mains	Cheese & Onion Slice - V	Rocket Pesto Pizza - V	Sun-Blushed Tomato & Olive Gnocchi - V	Quorn Keema Naan - V	Homemade Veggie Burger, Jalapeno & Pickle Relish - V
Mains	BBQ Quorn Chilli - V	Grilled Cod with Salsa Verdi - F	Mexican Quorn & Bean Burrito - V	Creamy Mushroom Linguine - V	Battered Cod Fillet - F
Jackets	Served daily with a selection of fillings, Tuna – Cheese - Beans				
Pastas	Served daily with Beef Bolognese or Tomato Sauce				
Sides	Cajun Rice Cauliflower & Peppers Green Beans	Potato Wedges Mixed Vegetables Spiced Courgettes	Herby Crushed Potatoes Mexican Aubergine Chinese Five Spice Broccoli	Coconut Rice Cajun Greens Sweetcorn & Peas	Chips Peas Baked Beans
Hot sweets	Apple & Pear Crumble	Coconut & Lime Drizzle Cake	Bread & Butter Pudding	Mocha Sponge	Chocolate Crunch