



## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Roasted Pepper - <b>V</b>	Spicy Mixed Bean – <b>V</b>	Celeriac & Parsnip - <b>V</b>	White Onion & Garlic - <b>V</b>	Winter Vegetable - <b>V</b>
Meaty mains	Cajun Chicken, Tomato & Basil Sauce	BBQ Chicken Pizza	Chicken & Leek Pie	Beef Lasagne	Hot dog (Pork or Halal Chicken), Fried Onions
Veggie mains	Broccoli & Blue Cheese Tart - <b>V</b>	Cheese & Tomato Pizza - <b>V</b>	Dirty Quorn Burrito - <b>V</b>	Tomato & Basil Croissant - <b>V</b>	Homemade Bean Burger - <b>V</b>
Mains	Quorn Bolognese Bake - <b>V</b>	Grilled Cod, Warm Tomato Salsa - <b>F</b>	Chinese Stir-fry Noodles - <b>V</b>	Quorn Tikka Masala - <b>V</b>	Battered Cod Fillet - <b>F</b>
Jackets	Served daily with a selection of fillings, Tuna (Contains: <b>Egg, Fish</b> . May Contain: <b>Gluten, Crustaceans, Mustard, Soya, Milk, Sulphites</b> ) – Cheese (Contains: <b>Milk</b> ) – Beans				
Pastas	Served daily with Beef Bolognese or Tomato Sauce May contain: <b>Celery</b> Pasta Contains: <b>Wheat</b>				
Sides	Mexican Rice Corn on the Cob Butter Carrots	Potato Wedges Courgette & Red Onion Mixed Vegetables	Paprika Potatoes & Peppers Braised Red Cabbage Minted Peas	Roasted New Potatoes Whole Green Beans Cauliflower & Broccoli	Chips Peas Baked Beans
Hot sweets	Apple & Ginger Crumble	Jam Sponge	Chocolate & Cranberry Bakewell	Black treacle & Toffee Cake	Chocolate Crunch



	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Sweet Chilli - <b>V</b>	Roasted Butternut Squash – <b>V</b>	Carrot & Orange - <b>V</b>	Minestrone - <b>V</b>	Winter Vegetable - <b>V</b>
Meaty mains	Braised Beef & Bean Taco	Pepperoni Pizza	Lamb & Vegetable Stew	Roasted Chicken Leg with a Garlic Mushroom Cream	Chicken Zinger Burger on a Bun
Veggie mains	Tomato Linguine - <b>V</b>	Cheese & Tomato Pizza - <b>V</b>	Pepper & Red Pesto Gnocchi - <b>V</b>	Vegetable Frittata - <b>V</b>	Crispy Brie & Red Onion Jam - <b>V</b>
Mains	Vegetable Samosa, Curry Sauce - <b>V</b>	Smoked Haddock Fishcake, Dill Cream - <b>F</b>	Quorn Cowboy Pie - <b>V</b>	Spinach, Tomato & Mozzarella Pinwheel - <b>V</b>	Battered Cod Fillet - <b>F</b>
Jackets	Served daily with a selection of fillings, Tuna (Contains: <b>Egg, Fish</b> . May Contain: <b>Gluten, Crustaceans, Mustard, Soya, Milk, Sulphites</b> ) – Cheese (Contains: <b>Milk</b> ) – Beans				
Pastas	Served daily with Beef Bolognese or Tomato Sauce May contain: <b>Celery</b> Pasta Contains: <b>Wheat</b>				
Sides	Savoury Vegetable Rice Cauliflower Cheesy Baked Tomato	Potato Wedges Sweet Chilli Broccoli Sweetcorn	Baby Herby New Potatoes Green Vegetable Medley Cheesy Leeks	Herby Rice Mexican Roasted Vegetables Sliced Green Beans	Chips Peas Baked Beans
Hot sweets	Chocolate Orange Crumble	Lemon Sherbert Sponge	Caramel Apple Slice	Blueberry & White Chocolate cake	Toffee crisp Crunch



	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Tomato & Basil - <b>V</b>	Pea & Mint – <b>V</b>	Sweet Potato, Chilli & Coconut - <b>V</b>	Mushroom & Tarragon - <b>V</b>	Winter Vegetable - <b>V</b>
Meaty mains	Red Thai Chicken	Tandoori Chicken Pizza	Lemon, Garlic & Thyme Chicken	Lamb Sheppard Pie	Chicken Zinger Burger on a Bun
Veggie mains	Katsu Quorn - <b>V</b>	Goats Cheese & Rocket Pizza - <b>V</b>	Vegetable & Quorn Biryani - <b>V</b>	Tomato & Basil Risotto - <b>V</b>	Tomato & Mozzarella Bruschetta - <b>V</b>
Mains	Spinach & Feta Penne Pasta Bake - <b>V</b>	Herb Crusted Cod, Sorrel Butter - <b>F</b>	Butternut Squash Tart Tatin - <b>V</b>	Quorn Chilli Nachos - <b>V</b>	Breaded Cod Fillet - <b>F</b>
Jackets	Served daily with a selection of fillings, Tuna (Contains: <b>Egg, Fish</b> . May Contain: <b>Gluten, Crustaceans, Mustard, Soya, Milk, Sulphites</b> ) – Cheese (Contains: <b>Milk</b> ) – Beans				
Pastas	Served daily with Beef Bolognese or Tomato Sauce May contain: <b>Celery</b> Pasta Contains: <b>Wheat</b>				
Sides	Sticky Coconut Rice Piri Piri Mixed Beans Broccoli	Potato Wedges Courgettes & Chilli Sweetcorn	Turmeric Rice Curried Cauliflower Mixed Vegetables	New Potatoes Carrots Green Beans	Chips Peas Baked Beans
Hot sweets	Apple & Sultana Crumble Cake	Honeycomb Slice	Raspberry Ripple Fudge Cake	Mississippi Mud Pie Cake	Chocolate Crunch with Chocolate Custard